

# How to create a Public Health process

The Public Health process in  
Östergötland  
August 2009 - April 2010

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# The Aim of this process

**Achieve political unity in the municipalities and the county of Östergötland and create a structure for regional coordination**

**Revise the regional public health program 2001 - 2010**

**Produce a systematic and long-term approach in the region that contributes to an improved public health which is seen as a factor for social and economic growth**

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# Implementation of the process

Steering-group- politicians elected by the parties

Decision group – the regional federation board

Regional network – public servants and politicians  
from all municipalities and county council

Workgroup –public servants directly linked to  
politicians

Operational management – project leader

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# Public Health conference 28 jan

- 150 participants – politicians, experts, officers, NGO:s
- Inspire to discuss how we can work with public health in Östergötland
- Show the needs of regional coordination
- Show that regional development – social and economic – is directly linked to public health
- Public Health is about collaboration and political decisions



# Mainspeakers

- Professor Denny Vågerö, Center for Health Equity Studies and member of WHO:s ”Commission on Social Determinants of Health”, (Michael Marmot- commission
- Jolanda van Vliet, Centre for Public Health Science, county council of Östergötland
- Britt-Louise Nilsson, Healthy Regions project
- Kerstin Mohall, project-leader from the public health process in Östergötland



# Time-line

- The process was initialized in August 2009 and will be finished in December 2010

The process will result in:

- Regional policy
- Regional coordination
- Regional commission

# Policy for public health

## ***Vision:***

- Östergötland a Healthy Region

## ***Overall aim:***

- Improve the conditions in the society for a good and equal health
- Increase more year in life with with good quality
- Increase an equal health

## ***Strategi:***

- Develop steering, knowledge and methods at regional and local level



# The Policy will

- Create conditions for an equal health for all
- Be linked to the work with regional and local planning
- Clarify the responsibility between all partners
- Be based on the health determinant factors

# Why do we need regional coordination?

- Integrate the public health dimension in regional and local planning
- Give public health work a more important political role
- Increase knowledge exchange in the region
- Use resources and competence in a smarter way

## Results so far.....

A recommendation to the municipalities and the county council to:

- approve a regional policy for public health
- work together on a regional level to achieve social and economic development
- initialize a Commission on Social Determinants of Health to work with “How to mind the gap in Health in Östergötland”

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